

UNDER CONTROL DIRECT

Organizing News to get you out from under and the products and services to move you ahead

Spring 1999

LETTER FROM THE PUBLISHER

Springtime always reminds us of spring cleaning, whether we like it or not. Keep these statistics in mind:

Each year, Americans discard an average of 10 million computers... Americans toss out enough office paper to build a 12-foot-high wall from NYC to LA... In 1991, Americans threw away enough aluminum cans to produce 6,000 DC-10s, and discarded enough plastic and paper cups to give the entire world six picnics... One ton of recycled waste-paper saves an average of 17 trees, 7,000 gallons of water, 3.3 cubic yards of landfill space, and 3 barrels of oil. (Fast Company, June/July 1998)

This spring consider those less fortunate and donate your unwanted but usable items to charities; Reconsider your own daily recycling of paper, plastics and metals.

And remember to get **Under Control** when it all seems out of control.

Marcia Sloman, Publisher

X The 11th Hour

*** CONTEST ***

Congratulations to Katie Kelley of Stamford, the **winner** of last issue's contest for the meaning of the expression "11th hour". The first reference in print was in The Tragedy of Dr. Faustus by Christopher Marlowe. Meaning "at the last possible moment", Faust made a pact with the devil to save himself "at the 11th hour". The 11th hour was the last hour before the end of the world or the last hour of sunlight with the 12th hour bringing darkness.

Stress-less Packing for your Holiday Travel Part II by Marcia Sloman

Clothing always seems to be the most difficult to plan. However, what you pack depends upon your itinerary. Begin with your calendar. Make a chart with the number of days you'll be away. **How many of those days and nights** will require leisure clothing? formal clothing? special clothing for skiing or swimming or snorkeling? **Note that number**, for instance, 2 travel outfits, 5 informal evenings, 1 formal evening, 5 days of leisure clothing **and** 4 ski-slope outfits.

Now you know how many and what type of outfits you need to pack for each member of the family. If you are experiencing a difficult time with color coordination, plan around one basic color or plan around black. Remember, the overhead storage in planes are becoming more and more limited. Pack only what you think you'll need. Chances are you won't even wear all that you packed.

Cramming all that stuff into your suitcases can be a logistical nightmare. Follow this basic rule of packing: Hard stuff on the outside, squishy stuff in the inside. Stuff any hollow items such as shoes with socks and small items. If you're worried about some items creasing badly, wrap them in tissue paper to cut down on the creases. Roll, don't fold, ties.

If your travel will send to cold climates for skiing or to warm climates for thawing out, keep in mind the bulkiness of each climate's clothing. Lay out all your packables before putting them into your suitcase(s). Make sure it will actually fit. Include a pair of socks and underwear in your carry-on just in case you arrive ahead of your luggage. Tie a bright ribbon around your luggage to make it easy to spot.

Happy travels!!

